

men.txt  
Iowa Conference Cross Country Championships  
Hosted By Luther College, Decorah, IA  
10/29/2011  
Mens 8000M

Place Pace	TmPl	Name	Yr Team	Time
1 5:05	1	Kyle Heineman	Sr Coe College	25:14.3
2 5:07	2	Dan McDermott	Sr Loras College	25:22.7
3 5:08	3	Chase Nowak	Sr Cornell College	25:29.7
4 5:09	4	Marty Mitchell	Jr Luther	25:35.5
5 5:11	5	Jerry Olp	So Loras College	25:43.0
6 5:11	6	Ben Jacobs	Sr Cornell College	25:45.3
7 5:12	7	Austin Bauer	So Luther	25:46.6
8 5:12	8	Ryan Edwardson	Sr Simpson College	25:47.9
9 5:12	9	Grant Moser	Sr Wartburg College	25:49.4
10 5:12	10	Sam Read	So Wartburg College	25:50.5
11 5:13	11	Eli Horton	Fr Central College	25:53.4
12 5:13	12	Shane Steele	Sr Luther	25:54.0
13 5:14	13	Austin Steil	Jr Loras College	25:57.2
14 5:15	14	Parker Comentino	Jr Wartburg College	26:05.6
15 5:16	15	Evan Neubauer	Jr Luther	26:08.4
16 5:16	16	Ty Wittman	Fr Loras College	26:10.8
17 5:17	17	Rob Howe	Fr Loras College	26:13.4
18 5:17	18	Scott Mittman	So Luther	26:14.9
19 5:18	19	Shane Warehime	Jr Wartburg College	26:15.9
20 5:20	20	Drew Jackson	Fr Central College	26:26.3
21 5:20	21	Chris Higgins	Jr Loras College	26:29.8
22 5:21	22	Peter Kraus	Sr Luther	26:30.8
23 5:21	23	Steve Loran	Fr Loras College	26:31.2
24 5:21	24	Logan Langley	Jr Luther	26:34.3
25 5:22	25	Austin O'Brien	So Central College	26:35.8
26 5:22	26	Mitchell Davis	Jr Simpson College	26:36.9
27 5:23	27	Alex Rigdon	Jr Luther	26:44.7

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28	Matt Rubins	Jr Luther	26:50.6
5:24			
29	Jon Sturm	Sr Wartburg College	26:52.5
5:25			
30	Andrew Papke-Larson	Sr Luther	26:54.7
5:25			
31	Ryan Sheeran	Fr Loras College	26:57.2
5:26			
32	Brent Ewing	So Central College	26:58.2
5:26			
33	Chris Miller	Sr Loras College	27:01.0
5:27			
34	Alex Lamp	Fr Buena Vista University	27:02.1
5:27			
35	Tanner Linden	Sr Wartburg College	27:02.4
5:27			
36	Matt Rosene	Fr Luther	27:02.4
5:27			
37	Brandon Clough	Jr Central College	27:02.6
5:27			
38	Karl Gesch	Sr Luther	27:09.0
5:28			
39	Tim Reisner	Sr Wartburg College	27:14.6
5:29			
40	John Warnke	So Simpson College	27:15.2
5:29			
41	Jared Bruce	Jr Buena Vista University	27:16.7
5:30			
42	Ryan Kloberdanz	So Wartburg College	27:17.6
5:30			
43	Adam Rooyakkers	Sr Cornell College	27:17.7
5:30			
44	Michael Bukszar	So Loras College	27:18.5
5:30			
45	Kyle Schaffer	Jr Loras College	27:21.0
5:31			
46	Jake Sutton	Jr Simpson College	27:22.0
5:31			
47	Andrew Gerdts	Fr Luther	27:22.7
5:31			
48	Craig Nie	Sr Coe College	27:22.8
5:31			
49	Andrew Hamer	Sr Central College	27:23.4
5:31			
50	Matt Weitzel	So Luther	27:23.7
5:31			
51	Soren Thompson	So Luther	27:24.0
5:31			
52	Adam Varnas	Fr Loras College	27:24.7
5:31			
53	David Pedrick	Jr Luther	27:27.1
5:32			
54	Zach Thompson	Fr Simpson College	27:28.0
5:32			
55	Aaron Roberts	Fr Buena Vista University	27:28.9
5:32			
56	Jordan Lord	Sr Coe College	27:29.6
5:32			
57	Logan Swarts	Jr Wartburg College	27:35.8
5:34			
58	Shea Devine	So Coe College	27:36.6
5:34			
59	Matt Stone	Sr Simpson College	27:40.2

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5:34			
60	Brandon Hosch	So Wartburg College	27:45.7
5:36			
61	Brock Laue	Jr Luther	27:46.1
5:36			
62	Chase Moser	Fr Wartburg College	27:48.2
5:36			
63	44 Cody Doughan	So Central College	27:52.5
5:37			
64	Timothy Shepherd	Fr Central College	27:54.7
5:37			
65	45 CJ Horan	So Cornell College	27:57.8
5:38			
66	Andrew Bentz	Jr Luther	27:59.1
5:38			
67	Nathan Good	So Central College	28:01.2
5:39			
68	Nathan Thiessen	Fr Central College	28:01.3
5:39			
69	Kyle Wagner	Fr Loras College	28:01.5
5:39			
70	46 Charlie Mesimore	Fr Cornell College	28:01.8
5:39			
71	47 David Kuhlmann	Sr Cornell College	28:04.5
5:39			
72	Jordan Burns	Fr Central College	28:04.9
5:39			
73	Derek Beaumier	So Wartburg College	28:05.4
5:40			
74	48 Ben Swerdlow	Jr Cornell College	28:09.5
5:40			
75	49 Jon Ameling	So Coe College	28:10.4
5:41			
76	Max Molzahn	Sr Luther	28:12.0
5:41			
77	Lawrence Dennis	Fr Cornell College	28:12.5
5:41			
78	Justin Velzke	Fr Luther	28:12.8
5:41			
79	Andrew Hedtke	Fr Luther	28:16.1
5:42			
80	Chris Sirridge	Fr Central College	28:16.3
5:42			
81	Andrew Weckwerth	Sr Luther	28:18.1
5:42			
82	Chris Huinker	Fr Wartburg College	28:19.4
5:42			
83	Ryson Stuart	Fr Luther	28:20.5
5:43			
84	Alex Finnegan	So Loras College	28:20.8
5:43			
85	50 Tyler Steward	Fr Simpson College	28:22.7
5:43			
86	Joel Dotseth	Sr Luther	28:25.1
5:43			
87	51 Ryan Marzen	Sr Buena Vista University	28:25.3
5:44			
88	Chris Stadler	Sr Cornell College	28:34.0
5:45			
89	Chris Smith	So Wartburg College	28:38.3
5:46			
90	Ken Voorhees	Fr Loras College	28:39.0
5:46			

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91	Clayton Fritz	So Central College	28:39.3
5:46			
92	Ben Hoffman	Fr Luther	28:40.6
5:47			
93	John Freude	So Luther	28:45.0
5:48			
94	Ted Olsen	So Luther	28:45.9
5:48			
95	Tyler Nullmeyer	Fr Wartburg College	28:46.5
5:48			
96	52 Brian Christiansen	Jr Buena Vista University	28:47.0
5:48			
97	Bryce Phillips	So Simpson College	28:48.0
5:48			
98	Pat Gerhardt	Sr Simpson College	28:52.8
5:49			
99	53 Dan Pearson	Jr Buena Vista University	28:54.9
5:49			
100	Seth Mommsen	Fr Wartburg College	28:57.2
5:50			
101	54 Kory Heineman	Sr Coe College	28:57.4
5:50			
102	Evan Meyer	Jr Luther	29:01.3
5:51			
103	Matt Hageman	Fr Wartburg College	29:03.2
5:51			
104	Matt Beniak	Jr Luther	29:05.2
5:52			
105	Tyler Stevenson	Sr Luther	29:08.6
5:52			
106	Marlon Torres	Fr Loras College	29:10.6
5:53			
107	Brad Bogardus	Sr Wartburg College	29:12.3
5:53			
108	Ben Schmall	Jr Loras College	29:12.6
5:53			
109	Lars Larson	Jr Central College	29:13.4
5:53			
110	Ben Hanson	So Luther	29:15.6
5:54			
111	Tyson Squiers	Jr Loras College	29:18.3
5:54			
112	Sam Leese	Fr Luther	29:19.1
5:54			
113	Thomas Chenault	Fr Cornell College	29:26.0
5:56			
114	55 Ben Berberich	Fr Buena Vista University	29:27.4
5:56			
115	Jacob Butts	Fr Cornell College	29:29.7
5:56			
116	Joshua Randall	So Cornell College	29:30.6
5:57			
117	Sam Burt	So Central College	29:31.4
5:57			
118	Mitch Hill	So Simpson College	29:32.9
5:57			
119	Justin Hochstetler	Fr Wartburg College	29:33.6
5:57			
120	Tate Jensen	Fr Wartburg College	29:34.6
5:57			
121	Sam Zook	So Luther	29:38.1
5:58			
122	Aaron Brown	Fr Central College	29:39.6

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5:58			
123	Wes Westervelt	Fr Wartburg College	29:40.2
5:59			
124	Max Nguyen	So Simpson College	29:42.4
5:59			
125	Jeff Murray	Sr Wartburg College	29:46.5
6:00			
126	Andy Strachan	Sr Wartburg College	29:51.7
6:01			
127	Nick Ohrt	Sr Wartburg College	29:52.4
6:01			
128	Jordan Kemme	Jr Cornell College	29:52.8
6:01			
129	Aaron Weckwerth	Fr Luther	29:53.8
6:01			
130	56 Ryan Rey	Fr Coe College	29:55.1
6:02			
131	Noah Williams	Fr Wartburg College	29:58.7
6:02			
132	Tyler Peterson	Fr Buena Vista University	30:03.6
6:03			
133	Sip Simelane	So Luther	30:06.2
6:04			
134	Charles Dewar	Jr Coe College	30:06.5
6:04			
135	Erik Jolivette	Jr Wartburg College	30:06.6
6:04			
136	Carsen Kuesel	So Cornell College	30:10.1
6:05			
137	Leo Bird	So Central College	30:12.2
6:05			
138	57 Luke Elsbernd	So University of Dubuque	30:12.9
6:05			
139	Andrew Smith	Jr Buena Vista University	30:14.1
6:05			
140	Scott Hageman	Jr Cornell College	30:19.5
6:07			
141	Matt Iudin-Nelson	So Luther	30:22.3
6:07			
142	Andy Sneller	Fr Central College	30:22.4
6:07			
143	Bryce Kilker	Jr Luther	30:27.3
6:08			
144	Ryan McPherran	So Central College	30:28.2
6:08			
145	Keenan McLaughlin	So Coe College	30:31.0
6:09			
146	58 Jeremiah Ziebert	Fr University of Dubuque	30:32.2
6:09			
147	Kieran Cullen	Fr Wartburg College	30:45.7
6:12			
148	Jordan Hochstetler	Jr Wartburg College	30:52.4
6:13			
149	Nick Barnes	So Central College	30:56.7
6:14			
150	Nick Andresen	Jr Luther	30:57.2
6:14			
151	Justin Heitz	So Luther	31:02.4
6:15			
152	Colin Shawgo	So Central College	31:13.7
6:17			
153	Jon Bach	Fr Central College	31:14.5
6:18			

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154	Preston Hopkins	So Luther	31:17.2
6:18			
155	Matt Kane	Fr Loras College	31:20.3
6:19			
156	Joe Hughes	Jr Loras College	31:28.3
6:20			
157	Carlin Michalek	Fr Central College	31:30.6
6:21			
158	Andrew Finanger	Sr Luther	31:42.8
6:23			
159	Derek Puffett	Fr Central College	31:52.6
6:25			
160	Gabe Dorn	Fr Luther	32:05.5
6:28			
161	59 Jed Omernick	Fr University of Dubuque	32:07.8
6:28			
162	Corey Hannula	So Buena Vista University	32:16.5
6:30			
163	Matt Christensen	Jr Luther	32:35.4
6:34			
164	Drew Morelan	Fr Loras College	32:46.2
6:36			
165	Paden Chang	Sr Coe College	32:55.4
6:38			
166	Alex Clark	Sr Luther	33:03.3
6:39			
167	Scott Monroe	Sr Coe College	33:28.4
6:45			
168	60 Johnathan Easley	Fr University of Dubuque	37:06.9
7:28			
169	61 Eric Jones	So University of Dubuque	38:30.9
7:45			
170	William Spencer	So Coe College	38:42.9
7:48			

Results by Josh Gerber of Wayzata Results, Inc. Results will be posted online @  
www.wayzataresults.com

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Iowa Conference Cross Country Championships  
Hosted By Luther College, Decorah, IA  
10/29/2011

\*\*\*\*\* TEAM SCORE \*\*\*\*\*

1.	53	Loras College	(25:53.5 129:27.1 0:50.7)
=====			
1	2	Dan McDermott	Sr 25:22.7
2	5	Jerry Olp	So 25:43.0
3	13	Austin Steil	Jr 25:57.2
4	16	Ty Wittman	Fr 26:10.8
5	17	Rob Howe	Fr 26:13.4
6	( 21)	Chris Higgins	Jr 26:29.8
7	( 23)	Steve Loran	Fr 26:31.2
=====			
2.	56	Luther	(25:55.9 129:39.4 0:39.4)
=====			
1	4	Marty Mitchell	Jr 25:35.5
2	7	Austin Bauer	So 25:46.6
3	12	Shane Steele	Sr 25:54.0
4	15	Evan Neubauer	Jr 26:08.4
5	18	Scott Mittman	So 26:14.9
6	( 22)	Peter Kraus	Sr 26:30.8
7	( 24)	Logan Langley	Jr 26:34.3

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3.	79	Wartburg College		(26:10.8	130:53.9	1:03.1)
1	9	Grant Moser	Sr	25:49.4		
2	10	Sam Read	So	25:50.5		
3	14	Parker Comentino	Jr	26:05.6		
4	19	Shane Warehime	Jr	26:15.9		
5	27	Jon Sturm	Sr	26:52.5		
6	( 30)	Tanner Linden	Sr	27:02.4		
7	( 32)	Tim Reisner	Sr	27:14.6		
4.	115	Central College		(26:35.3	132:56.3	1:09.2)
1	11	Eli Horton	Fr	25:53.4		
2	20	Drew Jackson	Fr	26:26.3		
3	25	Austin O'Brien	So	26:35.8		
4	28	Brent Ewing	So	26:58.2		
5	31	Brandon Clough	Jr	27:02.6		
6	( 38)	Andrew Hamer	Sr	27:23.4		
7	( 44)	Cody Doughan	So	27:52.5		
5.	135	Cornell College		(26:54.5	134:32.3	2:32.1)
1	3	Chase Nowak	Sr	25:29.7		
2	6	Ben Jacobs	Sr	25:45.3		
3	35	Adam Rooyakkers	Sr	27:17.7		
4	45	Cj Horan	So	27:57.8		
5	46	Charlie Mesimore	Fr	28:01.8		
6	( 47)	David Kuhlmann	Sr	28:04.5		
7	( 48)	Ben Swerdlow	Jr	28:09.5		
6.	142	Simpson College		(26:54.0	134:30.0	1:40.1)
1	8	Ryan Edwardson	Sr	25:47.9		
2	26	Mitchell Davis	Jr	26:36.9		
3	33	John Warnke	So	27:15.2		
4	36	Jake Sutton	Jr	27:22.0		
5	39	Zach Thompson	Fr	27:28.0		
6	( 43)	Matt Stone	Sr	27:40.2		
7	( 50)	Tyler Steward	Fr	28:22.7		
7.	170	Coe College		(27:10.8	135:53.7	2:56.1)
1	1	Kyle Heineman	Sr	25:14.3		
2	37	Craig Nie	Sr	27:22.8		
3	41	Jordan Lord	Sr	27:29.6		
4	42	Shea Devine	So	27:36.6		
5	49	Jon Ameling	So	28:10.4		
6	( 54)	Kory Heineman	Sr	28:57.4		
7	( 56)	Ryan Rey	Fr	29:55.1		
8.	206	Buena Vista University		(27:48.0	139:00.0	1:44.9)
1	29	Alex Lamp	Fr	27:02.1		
2	34	Jared Bruce	Jr	27:16.7		
3	40	Aaron Roberts	Fr	27:28.9		
4	51	Ryan Marzen	Sr	28:25.3		
5	52	Brian Christiansen	Jr	28:47.0		
6	( 53)	Dan Pearson	Jr	28:54.9		
7	( 55)	Ben Berberich	Fr	29:27.4		
9.	295	University of Dubuque		(33:42.2	168:30.7	8:18.0)

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1	57	Luke Elsbernd	So 30:12.9
2	58	Jeremiah Ziebert	Fr 30:32.2
3	59	Jed Omernick	Fr 32:07.8
4	60	Johnathan Easley	Fr 37:06.9
5	61	Eric Jones	So 38:30.9