

COE COLLEGE TRACK AND FIELD

Rittgers Invite – Saturday, April 22nd, 2017

Teams: TBD

Location: Clark Field & Track – Located adjacent to the Clark Racquet Center.
Coe College Map: <http://www.coe.edu/aboutcoe/map>

Entries: Open April 1st, 2017 & will close on Thursday, April 20th @ 11:59pm
Online entries: Directathletics.com

Results: TBD

Eligibility: Unlimited entries from participating teams.
Unattached athletes please contact Aaron Carley – acarley@coe.edu

Entry Fee: \$20 per individual, \$200 per team (men & women are separate teams).

Venue Info: **Facility:** Upgrades include a new 8 lane Beynon BSS 1000 13mm Embedded Synthetic All-Weather Surface. A new Gill Maximus dual ring hammer/discus cage, new long/triple jump run ways, new D-Zone for high jump and pole vault.

Spikes: spikes up to ¼ exposed pyramids are permitted on all surfaces.

Horizontal Jumps: Single pit for all jumps, wooden board inserts located at; Long Jump 10', Triple Jump 28' & 38'. An alternate (tape) board may be used at the discretion of the head official. **Top 9 will advance on to finals and receive three more attempts.**

Throws: Hammer and Discus will be contested on the intramural field adjacent to the track. Shot put will take place at the north end of the track. Javelin will be contested on the practice soccer fields on the south of campus at the corner of 14th St & A Ave. **Top 9 will advance on to finals and receive three more attempts.**

Weigh-Ins: will take place at the equipment shed on the north end of the home straightway near the shot put.

Pole Vault & High Jump: Pole Vault (Men followed by Women) will begin 30minutes immediately following the completion of the Women's High Jump.

Event Check-In: Running events will check in at the shed on the north end of the track. Field events will check-in with officials at their respective venues.

Food/Drink: Concessions will be available. Team camps should be arranged in the bleachers. No food or drink (other than water) will be allowed on the turf.

Warm ups: The infield will be available for athletes and coaches.

Locker Rooms: Locker rooms and showers are located in Clark Racquet Center. Please provide your own towel and locks. No items should be left unattended in the locker room.

Awards: Hats will be awarded to the top placing collegian in each event (unattached athletes are not eligible to receive awards).

Parking: Bus and van parking is available in warehouse parking lot.

Athletic

Trainers: Athletic trainers will be available located in the north locker room under the stadium.

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RITTGERS INVITATIONAL

Saturday, April 22, 2017

Field:

10:00	Hammer M-W	
10:00	Pole Vault M-W	
10:00	Javelin M-W	* Javelin is located at A ave field
10:00	Long Jump W-M	
10:30	Shot W-M	
<i>1:00(Estimate)</i>	Discus M-W	*20 min after completion of the Hammer
<i>2:00(Estimate)</i>	High Jump M-W	*30 min after completion of the Pole Vault
<i>1:00(Estimate)</i>	Triple Jump W-M	*20 min after completion of Long Jump

Track:

9:30	W 10k M 10k	*If not enough for dash prelims/finals, 10k start at 11am
11:00	W 100H <i>Prelims</i> M 110H <i>Prelims</i> W 100 <i>Prelims</i> M 100 <i>Prelims</i> W 3k Steeple M 3k Steeple W 4x100 relay M 4x100 relay W 1500 M 1500	*If field sizes allow, we will contest prelims & finals *If interest is low, we will eliminate the steeple
	M 110H Finals W 100H Finals W 400 M 400	*Men will compete first in hurdle finals
	W 100 Finals M 100 Finals W 800 M 800 W 400H M 400H W 200 M 200 W 5000 M5000 W 4x400 Relay M 4x400 Relay	

***Time Schedule will be finalized after entries are received.