

Kohawk Men's Cross Country Record Books - Overall Top Times



Updated as of 1/25/12

Top Times For 8K since 1990

Rank	Name	Class	Time	Meet	Year
1.	Brad O'Neil	Sr.	24:45:00	Wisconsin-Oshkosh	2008
2.	Ryan Schroeder	Sr.	24:59:00	Wisconsin-Oshkosh	2010
3.	Kyle Heineman	Sr.	25:14:00	Conference-Luther	2011
4.	Andrew Dewar	So.	25:24:00	Wisconsin-Oshkosh	2009
5.	Lane Moser	Jr.	25:27:00	Wisconsin-Oshkosh	2008
6.	Kyle Heineman	Jr.	25:29:00	Wisconsin-Oshkosh	2009
7.	Lane Moser	Sr.	25:31:00	Wisconsin-Oshkosh	2009
8.	Andrew Dewar	Jr.	25:40:00	Wisconsin-Oshkosh	2010
9.	Brad O'Neil	Jr.	25:40:7	NCAA National Championships	2007
10.	Todd Henecke	So.	25:41:00	Augustana	1992
11.	Kyle Heineman	Sr.	25:46:00	Wisconsin-Oshkosh	2010
12.	DC Cusanelli	So.	25:48:00	Wisconsin-Oshkosh	2008
13.	Ryan Schroeder	Jr.	25:53:00	Wisconsin-Oshkosh	2008
14.	Jordan Lord	Jr.	26:07:00	Wisconsin-Oshkosh	2010
15.	Warren Clarida	So.	26:14:00	Augustana	2001
16.	DC Cusanelli	Jr.	26:15:00	Wisconsin-Oshkosh	2009
17.	Greg Dye	Fr.	26:16:00	NCAA Regional Championships	1996
18.	Warren Clarida	Fr.	26:18:00	Mt. St. Claire	2000
19.	Kit Wobeter	Sr.	26:20:00	Augustana	2005
20.	Andy Phillips	Sr.	26:22:00	Augustana	2005
21.	Andrew Dewar	Fr.	26:25:00	Wisconsin-Oshkosh	2008
22.	Eric Modracek	Fr.	26:29:00	NCAA Regional Championships	1996
23.	Kit Wobeter	Jr.	26:34:00	Augustana	2004
24.	Lane Moser	So.	26:35:00	Augustana	2007
25.	Jordan Lord	Fr.	26:38:00	Wisconsin-Oshkosh	2008
26.	Todd Henecke	Jr.	26:38:00	Midwest Conference Championships	1993
27.	Kyle Heineman	So.	26:39:00	Wisconsin-Oshkosh	2008
28.	Craig Nie	So.	26:40:00	Wisconsin-Oshkosh	2009
29.	John Tschiggfrie	Fr.	26:41:00	Small College	1990
30.	Juvenary Hakizimana	So.	26:42:00	Augustana	2004
31.	Juvenary Hakizimana	Fr.	26:43:00	Augustana	2003
32.	Vonzel Johnson	Sr.	26:44:00	Mt. St. Claire	1998
33.	Ryan Fye	So.	26:44:00	Mt. St. Claire	1997
34.	Jordan Lord	So.	26:49:00	Wisconsin-Oshkosh	2009
35.	Ryan Fye	Sr.	26:49:00	Loras	1999
36.	Todd Henecke	Fr.	26:50:00	Wartburg	1991
37.	Kevin Petrak	Fr.	26:53:00	Augustana	1992
38.	John Tschiggfrie	So.	26:55:00	Augustana	1992
39.	John Gharbi	Jr.	26:56:00	Augustana	2002
40.	Kit Wobeter	So.	26:58:00	Augustana	2003
41.	Todd Henecke	Sr.	26:58:00	Lamb-Kohawk	1994
42.	Nick Trenkamp	Fr.	27:00:00	Coe	1997
43.	Danny Hoover	So.	27:00:00	Mt. St. Claire	1998
44.	Hunter Hills	Jr.	27:03:00	Wisconsin-Oshkosh	2009
45.	Jesse Cearlock	Fr.	27:04:00	Mt. St. Claire	1998
46.	Eric Modracek	Jr.	27:06:00	Mt. St. Claire	1998
47.	Shea Devine	Fr.	27:07:00	Wisconsin-Oshkosh	2010
48.	Matt Hall	Sr.	27:07:00	Augustana	2005
49.	MJ Moore	So.	27:08:00	Wisconsin-Oshkosh	2008
50.	Tony Walsh	So.	27:09:00	Small College	1990
51.	Casey Fetzer	Fr.	27:10:00	NCAA Regional Championships	1996
52.	Ryan Fye	Jr.	27:11:00	Mt. St. Claire	1998
53.	Tyler Hedges	So.	27:13:00	Augustana	2003
54.	Ryan Fye	Fr.	27:13:00	NCAA Regional Championships	1996
55.	Andy Phillips	Jr.	27:15:00	Augustana	2004
56.	Juvenary Hakizimana	Jr.	27:15:00	Augustana	2005

Can only be listed once per year.





Kohawk Men's Cross Country Record Books - Top Times by Class

Freshman

Rank	Name	Time	Meet	Year
1.	Andrew Dewar	26:16	IIAC Championships - Buena Vista	2008
2.	Greg Dye	26:16	NCAA Regional Championships - Des Moines	1996
3.	Warren Clarida	26:18	Mt. St. Clare	2000
4.	Kevin Petrak	26:36	University of Iowa	1992
5.	Jordan Lord	26:38	Wisconsin-Oshkosh	2008
6.	John Tschiggfrie	26:41	Small College	1990
7.	Juvenary Hakizimana	26:43	Augustana	2003
8.	Todd Henecke	26:50	Wartburg	1991
9.	Nick Trenkamp	27:00	Coe	1997
10.	Jesse Cearlock	27:04	Mt. St. Clare	1998

Sophomores

Rank	Name	Time	Meet	Year
1.	Andrew Dewar	25:25	Wisconsin-Oshkosh	2009
2.	Todd Henecke	25:41	Augustana	1992
3.	DC Cusanelli	25:44	IIAC Championships - Buena Vista	2008
4.	Warren Clarida	26:14	Augustana	2001
5.	Eric Modracek	26:29	NCAA Regional Championships - Des Moines	1996
6.	Lane Moser	26:35	Augustana	2007
7.	Kyle Heineman	26:39	Wisconsin-Oshkosh	2008
8.	Craig Nie	26:40	Wisconsin-Oshkosh	2009
9.	Juvenary Hakizimana	26:42	Augustana	2004
10.	Ryan Fye	26:46	Mt. St. Clare	1997

Juniors

Rank	Name	Time	Meet	Year
1.	Lane Moser	25:27	Wisconsin-Oshkosh	2008
2.	Kyle Heineman	25:29	Wisconsin-Oshkosh	2009
3.	Ryan Schroeder	25:35	IIAC Championships - Buena Vista	2008
4.	Andrew Dewar	25:40	Wisconsin-Oshkosh	2010
5.	Brad O'Neil	25:40	NCAA Championships - St. Olaf	2007
6.	Jordan Lord	26:07	Wisconsin-Oshkosh	2010
7.	DC Cusanelli	26:15	Wisconsin-Oshkosh	2009
8.	Kit Wobeter	26:34	Augustana	2004
9.	Todd Henecke	26:38	Midwest Conference Championships	1993
10.	John Gharbi	26:56	Augustana	2002
11.	Hunter Hills	27:03	Wisconsin-Oshkosh	2009
12.	Eric Modracek	27:06	Mt. St. Clare	1998

Seniors

Rank	Name	Time	Meet	Year
1.	Brad O'Neil	24:45	Wisconsin-Oshkosh	2008
2.	Ryan Schroeder	24:59	Wisconsin-Oshkosh	2010
3.	Kyle Heineman	25:14	Conference-Luther	2011
4.	Lane Moser	25:31	Wisconsin-Oshkosh	2009
5.	Kyle Heineman	25:46	Wisconsin-Oshkosh	2010
6.	Kit Wobeter	26:20	Augustana	2005
7.	Andy Phillips	26:22	Augustana	2005
8.	Vonzel Johnson	26:44	Mt. St. Clare	1998
9.	Ryan Fye	26:49	Loras	1999
10.	Todd Henecke	26:58	Coe	1994
11.	Matthew Hall	27:07	Augustana	2005
12.	Chris Wolfe	27:26	Coe	1995
13.	Casey Fetzer	27:32	Loras	1999

Can only be listed once per year.



Kohawk Men's Cross Country Record Books



Lamb-Kohawk Invite

Rank	Name	Time	Year
1.	Brad O'Neil	25:55:00	2008
2.	Kyle Heineman	26:31:00	2011
3.	Kyle Heineman	26:45:33	2009
4.	Todd Henecke	26:48:00	1994
5.	Ryan Schroeder	26:53.65	2010
6.	Lane Moser	26:55:00	2009
7.	Nick Trenkamp	27:00:00	1997
8.	Andrew Dewar	27:00.90	2010
9.	Juvenary Hakizimana	27:09:00	2005
10.	Lane Moser	27:10:00	2008
11.	Kit Wobeter	27:10:00	2005
12.	Kyle Heineman	27:14.62	2010
13.	Juvenary Hakizimana	27:17:00	2004
14.	Warren Clarinda	27:17:00	2001

Iowa Conference Championships

Rank	Name	Time	Year
1.	Kyle Heineman	25:14:00	2011
2.	Brad O'Neil	25:15:00	2008
3.	Ryan Schroeder	25:35:00	2008
4.	Lane Moser	25:40:00	2008
5.	DC Cusanelli	25:44:00	2008
6.	Ryan Schroeder	26:04.40	2010
7.	Andrew Dewar	26:16:00	2008
8.	Kyle Heineman	26:22:00	2010
9.	Kit Wobeter	26:29:00	2005
10.	Lane Moser	26:38:00	2009
11.	Jordan Lord	26:38:00	2008
12.	Brad O'Neil	26:38:00	2007
13.	Todd Henecke	26:38:00	1993

NCAA Regional Championships

Rank	Name	Time	Year
1.	Kyle Heineman	25:21:00	2011
2.	Ryan Schroeder	25:41.8	2010
3.	Brad O'Neil	25:48:00	2008
4.	Kyle Heineman	26:11.8	2010
5.	Greg Dye	26:16:00	1996
6.	Eric Modracek	26:29:00	1996
7.	Todd Henecke	26:31:00	1992
8.	Ryan Schroeder	26:36:00	2008
9.	Andrew Dewar	26:45.9	2010
10.	Warren Clarida	26:46:00	2001
11.	Kit Wobeter	27:00:00	2005
12.	Jordan Lord	27:04.5	2010
13.	Casey Fetzer	27:10:00	1996
14.	Ryan Fye	27:13:00	1996
15.	Lane Moser	27:17:00	2007

NCAA National Championships

Rank	Name	Time	Year
1.	Ryan Schroeder	25:10.6	2010
2.	Brad O'Neil	25:14	2008
3.	Kyle Heineman	25:18	2011
4.	Brad O'Neil	25:40.7	2007

Conference Championship Summary

Year	Team	Top Individual	Individual Place	Time
1990	5th	Tony Walsh, Soph.	13th	27:46
1991	5th	Todd Henecke, Fresh.	15th	28:54
1992	3rd	Todd Henecke, Soph.	3rd	27:18
1993	2nd	Todd Henecke, Junior	6th	26:38
1994	5th	Todd Henecke, Senior	5th	28:07
1995	7th	Vonzel Johnson, Soph.	15th	28:09
1996	7th	Greg Dye, Fresh.	15th	27:52
1997	5th	Ryan Fye, Soph.	22nd	27:52
1998	5th	Vonzel Johnson, Senior	21st	27:20
1999	6th	Ryan Fye, Senior	16th	27:00
2000	8th	Warren Clarida, Fresh.	27th	27:50
2001	5th	Warren Clarida, Soph.	8th	27:04
2002	6th	John Gharbi, Junior	23rd	27:36
2003	7th	Juvenary Hakizimana	27th	27:57
2004	5th	Kit Wobeter, Junior	14th	27:20
2005	5th	Kit Wobeter, Senior	12th	26:29
2006	8th	Lane Moser, Fresh.	32nd	28:04
2007	4th	Brad O'Neil, Junior	9th	26:36
2008	3rd	Brad O'Neil, Senior	4th	25:15
2009	2nd	Lane Moser, Senior	2nd	26:38
2010	4th	Ryan Schroeder, Senior	2nd	26:04
2011	7th	Kyle Heineman, Senior	1st	25:18

-Coe joined the Iowa Conference in 1997

NCAA Regional Championship Summary

Year	Team	Top Individual	Individual Place	Time
1990	19th	Tony Walsh, Soph.		28:14
1991	No Team			
1992	18th	Todd Henecke, Soph.	13th	26:33
1993	None	Chris Dennison	99th	28:53
1994	No Team			
1995	None	Chris Wolfe, Junior	93rd	28:13
1996	20th	Greg Dye, Fresh.	85th	26:16
1997	18th	Nick Trenkamp, Fresh.	82nd	28:44
1998	18th	Vonzel Johnson, Senior	57th	27:50
1999	20th	Ryan Fye, Senior	102nd	28:49
2000	22nd	Warren Clarida, Fresh.	77th	27:34
2001	15th	Warren Clarida, Soph.	38th	26:46
2002	21st	John Gharbi, Junior	96th	27:22
2003	21st	Juvenary Hakizimana	94th	27:24
2004	19th	Kit Wobeter, Junior	82nd	27:35
2005	15th	Kit Wobeter, Senior	43rd	27:00
2006	None	Lane Moser, Fresh.	118th	29:13
2007	14th	Brad O'Neil, Junior	14th	25:48
2008	11th	Brad O'Neil, Senior	9th	25:48
2009	12th	Lane Moser, Senior	22nd	25:54
2010	11th	Ryan Schroeder, Senior	4th	25:41
2011	18th	Kyle Heineman, Senior	4th	25:21

NCAA National Championship Summary

Year	Site	Top Individual	Individual Place	Time
2007	St. Olaf	Brad O'Neil	76th	25:40.7
2008	Hanover	Brad O'Neil	51st	25:14
2010	Wartburg	Ryan Schroeder	52nd	25:10.6

All-Conference Summary (Top 15 at Conference Meet)

Year	Individual
1994	Todd Henecke Chad Kellogg Kevin Petrak
1995	Vonzel Johnson
1996	Greg Dye
2001	Warren Clarida
2004	Kit Wobeter
2005	Kit Wobeter
2007	Brad O'Neil
2008	Lane Moser Brad O'Neil Ryan Schroeder
2009	Lane Moser Andrew Dewar





Kohawk Men's Cross Country Record Books

DC Cusanelli

Kyle Heineman

2010 Ryan Schroeder

Kyle Heineman

2011 Kyle Heineman

-Coe joined the Iowa Conference in 1997

All-Region Summary (Top 35 at NCAA Regionals)

Year Individual

2007 Brad O'Neil

2008 Brad O'Neil

Ryan Schroeder

2009 Lane Moser

2010 Ryan Schroeder

Kyle Heineman

2011 Kyle Heineman

